

# Hemington News 19th May 2023

#### **Dear Parents and Carers**

I hope you are all well. Thankfully, we have had lovely weather this week which has allowed us to have our PE, Forest School and other outdoor activities without the threat of rain!

In our assemblies, we have been speaking about resilience and our mental health. As it is Mental Health Awareness Week 2023, we are emphasising the importance of good mental and physical health and what we can do to help us maintain a positive outlook and to how address challenges.

We are looking for keen gardeners to help us create a school garden. Please see the information on this newsletter outlining what we are looking for and how you could possibly help us achieve this.

As part of our linking project with Class 2 and 3 and Sparkenhoe Primary School in Leicester, we have been talking about social action and actively caring for the world and the people in it. As a result, the children have suggested a 'Food Bank' collection to begin after the half term break. We will be distributing information about donating non-perishable items next week.

We are hoping to start our school football training sessions once again after the half term break. Letters will be sent out to families shortly with information on training days and times.

Reminder that we will be breaking up for half term on Friday 26th May for one week.

I hope you all have a lovely weekend. Eimear Davis—Headteacher

### Reminders for next week...

#### Rainwear/Sun Hats/Sun Cream

Please ensure that your child has the appropriate outerwear (raincoats) and sun cream applied before arriving at school in the morning.

#### PE

Please ensure that your child has the correct PE uniform (black leggings/shorts, white t-shirt/poloshirt, black hoodie/jumper or school jumper/cardigan. Please cover earrings with tape or take them out on PE days.

> Class 2 Maths Club Tuesday 3.15-4.00pm

#### **School Dinners**

Please pay for school dinners before your child orders them in school.

#### After School Clubs

All After School Clubs finish at <u>4.15pm</u>. Please ensure that you collect your child at this time.

Eco Club—Gardening Project



Our school Eco Club leaders are

interested in creating a school garden. We are looking for inspiration and tips on what we can do to grow flowers and possibly some vegetables. We would love it if some of our

children's family members could help us to design and create a school garden. Please contact the school office if you can help.



Healthy Eating at School <u>REMINDER</u>



Children will be asked to **ONLY** take fruit or a healthy snack for their breaktime. Packed lunches should contain healthier options with only one treat for pudding.

#### PLEASE ENSURE THAT ALL LUNCHES/SNACKS ARE NUT FREE.

We also ask parents to send water in their child's drink bottle.

We will be attempting to gain our <u>Healthy Schools Award</u> this year. We need our whole school community to be involved in helping us achieve this.

#### **HEMINGTON PRIMARY SCHOOL EXPECTATIONS**

You may have heard your children speak about our school expectations or noticed that they have received a certificate for RESPECT, RESPONSIBILITY or READINESS. We are very proud of all the children at Hemington for trying their best and ensuring that they are at all times;

Respectful of themselves and others

**Responsible** for their learning and behaviour

**<u>Ready</u>** to engage in learning and to do their best.



#### **Accelerated Reader**



Please ensure that your child reads daily. When they finish their book, they complete an online quiz using their Accelerated Reader account.

#### **TERM DATES 2022-2023**

#### Summer Term

Half term break: Mon 29 May to Fri 2 June 2023 Phonics Screening Check Week: Mon 12th June Sports Day: Wed 28th June (1.30pm start) Schools close for pupils: Wednesday 12 July 2023 <u>Staff INSET days</u> Wednesday 24 and Thursday 25 August 2022; Tuesday 3rd January 2023 (school closed to pupils) Thursday 13 July 2023

One INSET disaggregated—no school closure to pupils

#### After School Clubs Summer Term 1

Monday - Artikids (until 4.15—bookings now open)

<u>**Tuesday</u>** - Create and Make Club (until 4.15— all year groups welcome. Limited spaces available.)</u>

<u>Wednesday</u> - Lego Club (until 4.15 - open to all year groups)

<u>Thursday</u> - Multi-Sports (until 4.15 - open to all year groups)



**PE Kit** 



COOMBS

Please ensure that your child's PE kit consists of a white T-shirt; black or dark coloured jogging bottoms/leggings/shorts; trainers; dark coloured hoodie/jumper or school jumper/ cardigan.

If your child has their ears pierced, please cover with tape or take earrings out on PE days.

#### **School Dinner Menu**

From Monday 22nd May, we will be choosing from Week 3 of our new catering menu.

## HEMINGTON PRIMARY MENU

		TUESDAY AROUND THE WORLD DAY	WEDNESDAY ROAST DAY	THURSDAY PASTA DAY	FRIDAY FISH & CHIP DAY	א א		
	MEAT	MEAT	MEAT	MEAT	MEAT			J ( )
_	Pepperoni Pizza Cushion, Potato Wedges & Side Salad	Mild Chilli Con Carne, Rice & Sweetcorn	Roast Turkey, Roast Potatoes, Fresh Broccoli & Carrots	Cheese & Tomato Bacon Pasta, Malted Wheat Baguette & Garden Peas	Fish Fingers, Chips & Beans	シル		
	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN			
	Cheese & Tomato Pizza Cushion, Potato Wedges & Side Salad (V)	Mild Chilli Non Carne, Rice & Sweetcorn (V)	Vegetarian Cottage Pie with Fresh Broccoli & Carrots (V)	Macaroni Cheese, Malted Wheat Baguette & Garden Peas (V)	Cheese & Sweetcorn Omelette, Chips & Baked Beans (V)			
	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT			
	Melting Moment Biscuit	Strawberry Mousse	Fruity Flapjack	Pear & Chocolate Sponge with Custard	Cherry Shortbread			9
	MEAT	MEAT	MEAT	MEAT	MEAT			
	Beef Burger in a Bun, Potato Wedges & Garden Peas	Mild Chicken Curry, Rice, Naan Bread & Sweetcorn	Roast Pork, Roast Potatoes, Fresh Carrots & Broccoli	Beef Bolognese Bake, Garlic Bread & Side Salad	Fish Star, Chips & Baked Beans	<b>b</b>	••/(🗟	<b>%</b>
7	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN	2		
	Quorn Burger in a Bun, Potato Wedges & Garden Peas (V)	Mild Vegetable Curry, Rice, Naan Bread & Sweetcorn (V)	Vegetarian Toad in the Hole, Roast Potatoes, Fresh Carrots & Broccoli (V)	Vegetarian Bolognese Bake, Garlic Bread & Side Salad (V)	Vegetable Nuggets, Chips & Baked Beans (V)			
	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT			
	Afghan Biscuit	Lemon Drizzle Cake	Ice Cream	Syrup Sponge & Custard	Chocolate Cracknell			
	MEAT	MEAT	MEAT	MEAT	MEAT	9 - /		
	Pork Sausage Hot Dog, Potato Wedges & Baked Beans	Chicken Burrito Bake, Diced Potatoes & Sweetcorn	Roast Gammon, Roast Potatoes, Yorkshire Pudding, Fresh Carrots & Broccoli	Pork Meatballs in Tomato Sauce, Pasta Shells & Mixed Vegetables	Battered Fish Fillet, Chips & Baked Beans	$\leq K$		
2	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN			
	Vegetarian Sausage Hot Dog, Potato Wedges & Baked Beans (V)	Vegetable Burrito Bake, Diced Potatoes & Sweetcorn (V)	Cauliflower Cheese Bake, Roast Potatoes, Fresh Carrots & Broccoli (V)	Homemade Falafel in Tomato Sauce, Pasta Shells & Mixed Vegetables (V)	Cheese Lattice Slice, Chips & Baked Beans (V)			<b>a</b>
	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT			
	Iced Sponge	Tempting Triangle Biscuit	Strawberry Jelly	Raspberry Oat Slice & Custard	Chocolate Crunch		5	
				WEEK	1 - 17/4 8/5 5/6 26/6	7		-

ALLERGEN INFORMATION: MEND DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INBERUENT. WE ARE AWARE To the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

WEEK 3 : 1/5, 22/5, 19/6, 10/