



# Hemington News

## 10th February 2023

### Dear Parents and Carers

I hope you have all had a good week.

This week, we have celebrated Children's Mental Health Week and Safer Internet Day. We have been speaking about this year's theme of *Making Connections*—how we connect with different people each day and that these connections can have such a positive effect on others. Class 2 led a special assembly on Safer Internet Day, looking at ways we can ensure we stay safe online.

We have organised an NSPCC Online Safety Workshop for parents on Tuesday 28th February from 7-8pm. Please let the school office know if you would like to attend (online). We will be joining parents and carers from other schools to find out how we can ensure our children are kept safe when using the internet.

On Tuesday 14th February, parents are invited into school at 2.30pm to see a dance performance by the children. We will be taking part in dance workshops during the day which link to our *Come Fly With Me* themes. The workshops will focus on Asian, African and American dance. After the dance performance, the school council will be selling cakes on the playground (weather permitting) to raise money for Cancer Research UK. The children will be selling heart shaped biscuits that they have made in school. Donations of cakes also very welcome. Please drop off donations after school on Monday and on Tuesday morning.

Huge congratulations to our cross country team who participated at the Charnwood College Cross Country competition on Tuesday. We are delighted to say that Coco (1st place) and Annabelle (8th place) have been invited to take part in the county championships in March.

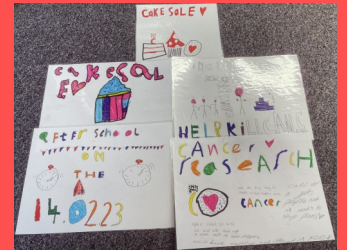
Please look out for parents' evening timeslot booking letters in your child's bag next week. Parents' evening will be on Tuesday 21st March.

I hope you all have a lovely weekend.

Eimear Davis—Headteacher

### Cake Sale

Organised by  
Hemington  
Primary School  
Council Members



All proceeds in support of Cancer Research UK

**Tuesday 14th February from 3.00/3.15pm**

**(after the dance performance)**

**Donations of baked goods welcome.**



### Healthy Eating at School

#### REMINDER



Children will be asked to **ONLY** take fruit or a healthy snack for their breaktime. Packed lunches should contain healthier options with only one treat for pudding.

**PLEASE ENSURE THAT ALL LUNCHES/SNACKS ARE NUT FREE.**

We also ask parents to send water in their child's drink bottle.

We will be attempting to gain our Healthy Schools Award this year. We need our whole school community to be involved in helping us achieve this.

## Hemington Primary School

### Cross Country Team



## HEMINGTON PRIMARY SCHOOL EXPECTATIONS

You may have heard your children speak about our school expectations or noticed that they have received a certificate for RESPECT, RESPONSIBILITY or READINESS. We are very proud of all the children at Hemington for trying their best and ensuring that they are at all times;

**Respectful** of themselves and others

**Responsible** for their learning and behaviour

**Ready** to engage in learning and to do their best.



### Accelerated Reader



Please ensure that your child reads daily.

When they finish their book, they complete an online quiz using their Accelerated Reader account.

## TERM DATES 2022-2023

### Spring Term

**Come Fly with Me Themed Day (Dancing):** Tues 14 February

**Cake Sale:** Tuesday 14 Feb (after school)

**Half term break:** Mon 20 to Fri 24 February 2023

**Parents Evening:** Tuesday 21st March 2023

**Schools close:** Friday 31st March 2023

### Summer Term

**Schools open:** Monday 17th April 2023

**Whole School Trip to Brooksby Campus Farm:** Mon 24th April

**May Day Bank Holiday:** Monday 1st May 2023

**Extra May Bank Holiday:** Mon 8th May 2023

**Half term break:** Mon 29 May to Fri 2 June 2023

**Schools close for pupils:** Wednesday 12 July 2023

### Staff INSET days

Wednesday 24 and Thursday 25 August 2022;

Tuesday 3rd January 2023

Tuesday 3 January 2023 (school closed to pupils)

Thursday 13 July 2023

One INSET disaggregated—no school closure to pupils



### PE Kit



Please ensure that your

child's PE kit consists of a white T-shirt; black or dark coloured jogging bottoms/leggings/shorts; trainers; dark coloured hoodie/jumper or school jumper/cardigan.

## After School Clubs Spring Term 2

**Monday** - Details to follow

**Tuesday** - Create and Make Club (until 4.30 - all year groups welcome. Limited spaces available.)

**Wednesday** - Lego Club (until 4.15 - open to all year groups)

**Thursday** - Multi-Sports (until 4.15 - open to all year groups)

## School Dinner Menu

From Monday 13th February, we will be choosing from the Week 2 menu.

Week 1					
2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec 2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul					
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Option 1</b>	Margarita Pizza	Cottage Pie	Roast Lamb of Pork & Apple Sauce	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
<b>Option 2</b>	Vegetable Supreme Pizza (V)	Spiced Bean Tagine (V, VG)	Quorn Fricassee	Cheese Pan (V)	Quorn Dippers (V, VG)
<b>CARBS</b>	Pasta in Tomato Sauce Vegetable Rice	Boiled Potatoes Jewelled Cous Cous	Mashed Potatoes & Carrot ½ Jacket	Herb Jacket Wedges Fluffy Rice	Chips Mashed Potatoes
<b>VEGETABLES</b>	Apple/leek Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
<b>SALAD BAR</b>	Mixed Salad Selection				
<b>BREADS</b>	Assorted Breads				
<b>FRUIT</b>	Fresh Fruit Platter/Yoghurt				
<b>DESSERTS</b>	Strawberry Whip	Pear & Chocolate Sponge	Manchester Slice	Apple Batty Layer	Vanilla Ice Cream

Week 2					
2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec 2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul					
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Option 1</b>	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
<b>Option 2</b>	Chinese Vegetable Stir Fry (V, VG)	Honoy pie (V)	Vegetarian Bolognese (V, VG)	Quorn & Vegetable Panini (V, VG)	Vegetable Fingers (V, VG)
<b>CARBS</b>	Fluffy Rice Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
<b>VEGETABLES</b>	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
<b>SALAD BAR</b>	Mixed Salad Selection				
<b>BREADS</b>	Assorted Breads				
<b>FRUIT</b>	Fresh Fruit Platter/Yoghurt				
<b>DESSERTS</b>	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jolly with Mandarins	Strawberry Ice Cream

Week 3					
2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec 2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul					
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Option 1</b>	Organic Meatballs in Tomato Sauce	Turkey Lasagne	Roast Chicken & Apricot Stuffing	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
<b>Option 2</b>	Vegetable Jambalaya (V, VG)	Vegetable Lasagne (V)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza (V)	Vegetable Nuggets (V, VG)
<b>CARBS</b>	Pasta Fluffy Rice	Garlic Bread Parsley Potatoes	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous ½ Jacket Potato	Chips Fluffy Rice
<b>VEGETABLES</b>	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
<b>SALAD BAR</b>	Mixed Salad Selection				
<b>BREADS</b>	Assorted Breads				
<b>FRUIT</b>	Fresh Fruit Platter/Yoghurt				
<b>DESSERTS</b>	Apple Sponges & Custard	Comflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream